OAR is a private, nonprofit organization whose goal is to assist clients to become productive, taxpaying members of the community. OAR provides pre-release case management services in all the area jails and post-release case management services to anyone with an adult criminal conviction.

OAR’s main office is in downtown Richmond and is open Monday through Thursday from 8:30 a.m. to 4:30 p.m. and Friday from 8:30 a.m. to 3:00 p.m. Services are also provided at the Chesterfield Probation and Parole offices by appointment on scheduled days. OAR contact numbers are on the back of this guide.

Services at the Richmond office are provided on a walk-in basis. You are required to sign in at the receptionist desk each time you come into the office. Due to the high number of clients coming into the office, you may have a lengthy wait to see your case manager. Your patience will be appreciated.

In order to enroll in OAR’s post-release services program, you must see a case manager who will conduct an intake interview to determine your service needs. You will be asked a number of very personal questions; answering these questions honestly will help the case manager understand your history and service needs and be better prepared to assist you. During the intake interview, you will be asked to sign a release of information which gives OAR permission to provide services to you and/or refer you to other organizations for services that are not directly provided by OAR.

New clients are required to attend an Orientation and Job Search Assistance Class before you can begin receiving services. Some clients also may be required to attend other OAR groups during their job search. The class is offered on Wednesday afternoons beginning at 1:00 p.m. and ending at 4:00 p.m. You will not be allowed to attend the class if your intake interview has not been done. Late arrivals will not be able to attend the class and must return the following week for the class.

Depending on funds available, service location, and specific eligibility guidelines, OAR’s post-release services may include the following:

- identification documents such as birth certificates
- personal hygiene kits
- resume assistance
- use of fax machine and copier for job search assistance
- weekly jobs list
- substance abuse counseling and support groups
- transportation assistance to scheduled job interviews and jobs until you receive your first paycheck
- problem solving/goal setting assistance

money management counseling
housing assistance and Central Intake referrals
work clothes, shoes, and tools needed for a specific job
incentives for continuous employment of at least 30 hours per week from 30 days to 3 years
GED classes.
referrals for services not directly provided by OAR

When you get a job, you will be requested to get your employer to complete an employment verification form. Once OAR receives this form, you will be eligible for the job retention incentives program and other services that require you to maintain employment and stay in contact with OAR at least monthly.

Clients are not charged a fee for services. OAR works with thousands of clients each year and depends on community support and individual donations. All donations are sincerely appreciated and are used for direct services to others just like you. Clients are asked to make a donation to OAR once they are "on their feet" and are able to "give back" to others in their same situation.

And yet the menace of the year
**Freedom**

Freedom, you say, I have a hard time understanding that word. As in one part of the Freedom, I see "Free," I've come to understand nothing is "Free." So if someone comes to you and say your free, what really do they mean. Free, can I go where I want? Can I do what I want? No, I don't think so. Because, there are rules. I did not make any of the "rules." So I didn't agree to the "rules." So why do I have to follow the "rules." I ask. Because they said so, so am I really "Free." I don't think so. So without you free, I can't have the Freedom, which is a state of mine.
Freedom is a word, a noun, which is highly spoken about. Freedom is finite, why I ask? Freedom is a status we fight for, something we strive for. At birth we are granted this "ambiguous" meaning, is fought for to preserve our future for. But what is "Freedom" with outlandish rules regulators, the rich makes rules to limit the poor's freedom or people of law discriminate

Freedom today is limited by rules & laws to keep the common man down, minus these outlandish laws & rules, to make our mistakes, but to create nothing into something.

This is freedom to me.
Out of the night that covers me,
Black as the Pit from pole to pole,
I thank whatever gods may be
For my unconquerable soul.

In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody but unbowed.

Beyond this place of wrath and tears
Looms but the Horror of the shade,
And yet the menace of the years
Finds, and shall find, me unafraid.

It matters not how strait the gate
How charged with punishments the scroll.
I am the master of my fate:
I am the captain of my soul.
See the corner.

Looms but the Horror
of the Shade
of the Shade... 

A men of no honor
is now.

How I have chagred with
punishments of my

All good things to hee
mankind...
Richmond 804! 

Michelle Pfeiffer in "Love Field"

"Mamma Mia!"

"White" Headcover
Complete

Home

STORY

Helping Hands

DANGEROUS

survivor

Controlling

Smart

Attractive

Gorgeous

Body

"Sexy"

Belligerent

confused

ENRAGED

Finish

Angry

Cold

Strong

American

Feminine

Loud

Opinionated

Conflicts

W. Blue

4/25/13
Church of God

About Being Incarcerated / Freedom

Being Incarcerated, I lost my freedom to do what I want. Instead, I had a person else tell me what to do. Every day of my life, I was told when to get up, when to stay up, when to sleep or when to eat. Not mentioning losing love ones that you care so much for. Not mentioning that your love ones are also in the same time with you also because they care so much for you. I hope you pray for you that nothing happens to you on the inside so far away from home. Without a letter or phone call at all. To let them know that you are safe and well to ease their pain and suffering until you come home.

To them, after being incarcerated. I find it hard for me to adjust after being gone for twenty-one years. It's hard in finding employment unless you have a computer or cell phone. To find work in this new society of technology.
Hopeful Watchful Strong
Raymond

Dedicated Wise

Anger

909erter

Freedom is

Fear does not remind us of that we will face at some time
future date.
All are mortal that someday death will come to us.
When we see another person die we are reminded that